

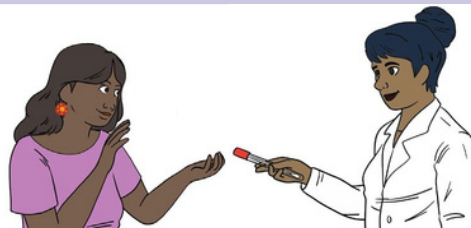
NATIONAL CERVICAL SCREENING PROGRAM

A joint Australian, State and Territory Government Program

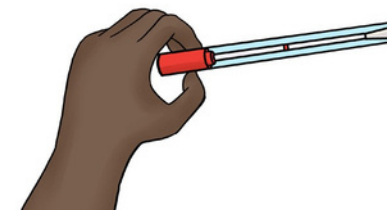
Cervical Screening Test nhenhe tyerry akwene aretyeke Nthakenhe test ngkwinhe mpwaretyenhe

5-yearly nhenhe anenhe-anenhe Cervical Screening Test tyerry akwene aretyeke free kwenhe anime nhenhe-le AMS or ACCHO ante unte mwerre anetyenhe.

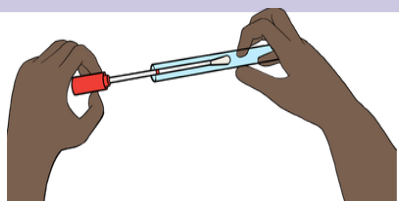
Nhenhe-le untene ngenhe amerneme nthakenhe unte swab test mpwaretyeke, cervical cancer yanhe aketyenge unte arlenge-arletye anetyenhe ante rltterke anetyeke ante ngkwenge artweye mape arteke.



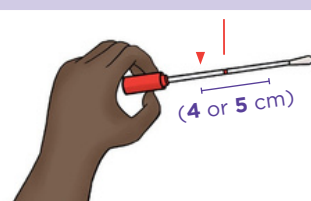
1. Ngkare ngkwinhe or nurse-le ngenhe swab anthetyenhe ante ngenhe iletyenhe test atnyetyeke private area-enge, itne ngenhe iletyenhe nthakenhe test renhe mpwaretyeke ante itne akareleme artwele unte apeke ahentye aneme help-eke.



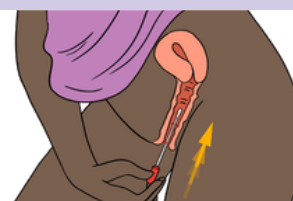
2. Urreke unte altywere-iletyenhe, swab akwene. Araye athatheke yanhe unte arntirrkwetyeke, alphenhe yanhe unte test renhe mpwaretyeke.



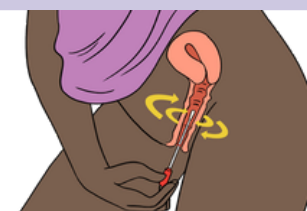
3. Cap altywere-ilemele ante swap renhe ilyweme tube-engtyele, unte end yanhe untene apanetyele anetyeke yanhe altywere ngkwinheke irrernetyenhe.



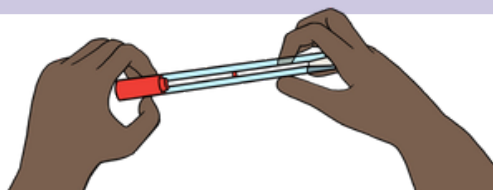
4. Swab yanhe kwenhe line akerte apeke or mark akerte apeke nthakenhe unte akwernetyenhe.



Swab renhe unte altywere-ke akwernetyeke, centimetres akweke ware, unte cervix apanetyele anetyeke.



5. Swab renhe mwantyele akwernetyeke, turn-emelele ante 10 to 30 seconds-eke.



6. Swab renhe atyerretyeke altywere ngkwinhe-engetyele, irrernirtnelele tube-eke ante martemele.



7. Mantere-ke irrepemele ante Tube renhe ngkare ngkwinhe anthemele or nurse apeke, unte iletyeke nthakenhe results ngkwinhe unte anetyenhe.

Unte questions akerte apeke or unte apeke itirreme mistake apeke unte mpwareke ngkare or nurse ngkwinhe-ke angkaye.

Information awethe-keapeke cervical screening-akerte:

- Nhenhe araye:

health.gov.au/NCSP-First-Nations

- Ring-emelaye: **1800 627 701**

Questions awethekeakerte apeke cervical screening akerte



Iwenheme Cervical Screening Test nhenhe?

Test nhenhe areme HPV-ke -Virus akwene yanhe aneme ante cervical cancers mpwaretye-akngerre.

HPV yanhe anenhe-anenhe urrlengtyele tyerry kwene-enge, unte HPV atnyeme unte apeke anewe nyente akerte aneke arrurlengetyele or unte sex-ke arrangkwe anetyarte.

Cervical Screening Test nhenhele unteme arraye HPV areme, cancer irreme-aketyenge.



Iwenheme cervical screening atnyetyeke?

Arelhele ante tyerry-le cervix akerte age nhenhe 25 to 74, unte apeke sexual contact arne akurne atnyeneke Cervical Screening Test atnyenetyeke every 5 years.



Self-swab test nhenheme private? Theb apeke ahentye aneme help-ke?

Ye, unte apeke ahentye aneme self-swab test mpwaretyeke private-enge (nhenhenge apeke bathroom or curtain akngernenge apeke).

Unte alayaketyeke healthcare warrkene ngkwinhe help-eke apeke.

Swab test yanhe akwarnetye-angkerre ?



Swab test yanhe akweke aneme, swab atyerre, akweneke irrernetyeke 4 to 5 cm altywere ngkwinheke - tyerry mape akurne awelheme yanhe aperre.

Unte apeke utyene awelheme, health care warrkene ngkwinheke ilaye.



Swab-test yanheme arraye?

YE. Swab-test yanhe kwenhe safe aneme ante arraye ileme healthcare warrkene test renhe areme HPV yanheke.



Test atyinhe apeke ilerlenghe the HPV atnyeneme?

Nhenhenge, HPV aretyekenhe ante unte apetyelpetyeke 5 years-enge Cervical Screening Test alphenheke.

Itne apeke areme self-swab test atyinhe HPV akerte, unte apele:

- apetyelpetyeke cervix ngkwinhe awethe aretyeke or
- specialist aretyeke testing awetheke.

Unte apeke symptoms atnyeneme Cervical Screening Test atnyenemele unte ilettyeke healthcare warrkeneke.

Symptoms akwene anenhe anenhe alhwe-unteme yanhe aperre sex, alhwe-unteme apeke periods aperre or menopause aperre.



Test nhenheme free?

Unte apeke Cervical Screening Test nhenhe atnyeme Aboriginal Health Service-enge, free.

Kwenhe anenhe anenhe, unte apeke test atnyeneme apmere alhpenhenge, mwerre akwenhe Medicare akerte, itne apeke ngenhe ileme pay-emeletyekenhe consultation yanhe-ke. Unte check-emeletyekenhe booking mpwaremele itne apeke charge-emeleme fee.



The akwenhe HPV vaccine atnyeke. Test alphenhe the atnyenetyenhe?

Ye. HPV vaccine yanhe protect-eme ilettyekenhe HPV mape cervical cancer yanhe-ke.

Nhenhe ileme important anthurre kwenhe aneme Cervical Screening Tests atnyenetyeke, Unte apeke HPV vaccine yanhe-arlike atnyeke.